

NORFOLK YMCA TRATHLON DISTANCE/SEX ORDER

PLACE	NAME	AGE	SEX	CITY	STATE	SWIM TIME	SWIM / 100 YDS	TRANS	BIKE TIME	AVG MPH	TRANS	RUN TIME	RUN PACE/MI	OVERALL TIME	
LONG COURSE		MALE													
1	WILCOX, MARK	16	M	YANKTON	SD	6:11.0	1:14.2	1:10.0	26:54.0	22.3	0:00.0	14:47.0	5:54.8	0:49:02.0	
2	KUBIAK, GERALD	33	M	OMAHA	NE	7:12.0	1:26.4	1:03.0	26:30.0	22.6	0:00.0	14:40.0	5:52.0	0:49:25.0	
3	DAVIS, JEREMY	28	M	AMES	IA	7:37.0	1:31.4	1:23.0	26:15.0	22.8	0:00.0	14:23.0	5:45.2	0:49:38.0	
4	MARSHALL, LUCAS	25	M	OMAHA	NE	6:54.0	1:22.8	1:48.0	25:17.0	23.7	0:00.0	15:55.0	6:22.0	0:49:54.0	
5	LAMBERT, ABE	24	M	LINCOLN	NE	8:01.0	1:36.2	1:25.0	27:31.0	21.8	0:00.0	14:21.0	5:44.4	0:51:18.0	
6	KUEFFNER, JIM	48	M	OMAHA	NE	7:01.0	1:24.2	1:24.0	26:39.0	22.5	0:00.0	16:31.0	6:36.4	0:51:35.0	
7	LONG, RYAN	25	M	OMAHA	NE	7:03.0	1:24.6	1:26.0	26:11.0	22.9	0:00.0	16:57.0	6:46.8	0:51:37.0	
8	MURDOCH, LINCOLN	51	M	PEORIA	ZA	7:26.0	1:29.2	1:22.0	26:42.0	22.4	0:00.0	17:01.0	6:48.4	0:52:31.0	
9	ZUNIGA, JORGE	28	M	WALTON	NE	7:54.0	1:34.8	1:22.0	28:54.0	20.7	0:00.0	15:23.0	6:09.2	0:53:33.0	
10	REDINGER, ERIC	32	M	CAPE GIRAREL	MO	7:18.0	1:27.6	1:16.0	26:46.0	22.4	0:00.0	18:19.0	7:19.6	0:53:39.0	
11	VASINA, JEFF	33	M	COLUMBUS	NE	8:02.0	1:36.4	2:02.0	27:56.0	21.4	0:00.0	16:03.0	6:25.2	0:54:03.0	
12	SCHULDT, DAN	45	M	DONIPHAN	NE	10:45.0	2:09.0	1:56.0	25:24.0	23.6	0:00.0	16:40.0	6:40.0	0:54:45.0	
13	SHANNON, JEFF	31	M	OMAHA	NE	8:42.0	1:44.4	1:40.0	25:58.0	23.1	0:00.0	18:43.0	7:29.2	0:55:03.0	
14	PALMER, JOE	33	M	OMAHA	NE	6:37.0	1:19.4	1:52.0	28:36.0	20.9	0:00.0	18:43.0	7:29.2	0:55:48.0	
15	GREVE, JOEL	46	M	ALLEN	NE	7:44.0	1:32.8	1:41.0	28:58.0	20.7	0:00.0	17:49.0	7:07.6	0:56:12.0	
16	JACOB, JEFF	50	M	FREMONT	NE	8:38.0	1:43.6	1:51.0	28:46.0	20.8	0:00.0	17:09.0	6:51.6	0:56:24.0	
17	WADLEY, DARIN	38	M	VERMILLION	SD	8:18.0	1:39.6	1:16.0	28:59.0	20.6	0:00.0	18:16.0	7:18.4	0:56:49.0	
18	FELKER, BRYAN	21	M	O'NEILL	NE	8:00.0	1:36.0	1:57.0	32:28.0	18.4	0:00.0	14:33.0	5:49.2	0:56:58.0	
19	ERNER, STEVE	45	M	YORK	NE	9:50.0	1:58.0	2:10.0	29:30.0	20.3	0:00.0	17:42.0	7:04.8	0:57:12.0	
20	PAPE, JEFF	36	M	NORFOLK	NE	8:23.0	1:40.6	1:48.0	27:59.0	21.4	0:00.0	19:08.0	7:39.2	0:57:18.0	
21	CLARK, JOURDAN	17	M	FREMONT	NE	5:40.0	1:08.0	1:53.0	33:02.0	18.1	0:00.0	16:59.0	6:47.6	0:57:34.0	
22	O'DELL, MARK	45	M	OMAHA	NE	7:52.0	1:34.4	1:28.0	29:39.0	20.2	0:00.0	19:07.0	7:38.8	0:58:06.0	
23	HUGGENBERGER, MIKE	58	M	FORT CALHOUN	NE	8:00.0	1:36.0	2:07.0	28:58.0	20.7	0:00.0	19:20.0	7:44.0	0:58:25.0	
24	VACEK, ERIC	35	M	LINCOLN	NE	7:12.0	1:26.4	1:42.0	29:46.0	20.1	0:00.0	22:03.0	8:49.2	1:00:43.0	
25	KUMM, JEFFRIE	37	M	FREMONT	NE	7:31.0	1:30.2	1:28.0	32:01.0	18.7	0:00.0	19:50.0	7:56.0	1:00:50.0	
26	SWANSON, DANIEL	41	M	HOMER	NE	10:11.0	2:02.2	2:07.0	28:57.0	20.7	0:00.0	19:55.0	7:58.0	1:01:10.0	
27	MILLS, TOM	48	M	LINCOLN	NE	8:21.0	1:40.2	2:05.0	30:49.0	19.4	0:00.0	20:09.0	8:03.6	1:01:24.0	
28	LILLY, KEVIN	41	M	SIOUX CITY	IA	8:58.0	1:47.6	1:25.0	31:26.0	19.0	0:00.0	20:30.0	8:12.0	1:02:19.0	
29	SATTERFIELD, SHAUN	22	M	PAPILLION	NE	8:06.0	1:37.2	2:47.0	32:37.0	18.3	0:00.0	18:59.0	7:35.6	1:02:29.0	
30	EDWARDS, CARL	49	M	COLUMBUS	NE	8:48.0	1:45.6	2:45.0	31:12.0	19.2	0:00.0	19:53.0	7:57.2	1:02:38.0	
31	WAGNER, DAMON	34	M	PLATTSMOUTH	NE	8:51.0	1:46.2	2:52.0	31:17.0	19.1	0:00.0	19:59.0	7:59.6	1:02:59.0	
32	KRAMER, MIKE	34	M	SIOUX CITY	NE	8:14.0	1:38.8	1:35.0	29:16.0	20.5	0:00.0	24:18.0	9:43.2	1:03:23.0	
33	HOLLOWAY, DAVID	38	M	PAPILLION	NE	7:07.0	1:25.4	4:02.0	32:30.0	18.4	0:00.0	19:45.0	7:54.0	1:03:24.0	
34	SNOWARDT, CHRIS	36	M	OMAHA	NE	10:14.0	2:02.8	2:21.0	32:20.0	18.5	0:00.0	18:45.0	7:30.0	1:03:40.0	
35	WIEGMAN, MIKE	34	M	OMAHA	NE	10:56.0	2:11.2	2:33.0	31:53.0	18.8	0:00.0	18:45.0	7:30.0	1:04:07.0	
36	CURTIN, JOHN	41	M	LAKE ST. LOU	MO	8:50.0	1:46.0	2:10.0	31:49.0	18.8	0:00.0	21:56.0	8:46.4	1:04:45.0	
37	YGBIE, MITCH	16	M	MISSION HILL	SD	10:22.0	2:04.4	1:41.0	36:42.0	16.3	0:00.0	16:04.0	6:25.6	1:04:49.0	
38	MOLLRING, MITCH	34	M	OMAHA	NE	9:11.0	1:50.2	3:41.0	33:18.0	18.0	0:00.0	18:53.0	7:33.2	1:05:03.0	
39	MILLS, TYLER	16	M	LINCOLN	NE	6:27.0	1:17.4	1:55.0	36:08.0	16.6	0:00.0	20:33.0	8:13.2	1:05:03.0	
40	LIEWER, JOE	43	M	SIOUX CITY	IA	8:48.0	1:45.6	3:02.0	31:40.0	18.9	0:00.0	21:41.0	8:40.4	1:05:11.0	
41	KUMKE, RICHARD	15	M	WOOD RIVER	NE	10:50.0	2:10.0	2:44.0	31:46.0	18.8	0:00.0	19:58.0	7:59.2	1:05:18.0	
42	FUNKE, NEAL	36	M	SIOUX CITY	IA	8:48.0	1:45.6	2:52.0	30:45.0	19.5	0:00.0	23:02.0	9:12.8	1:05:27.0	
43	WINDRUM, ROMAN	36	M	OMAHA	NE	9:58.0	1:59.6	2:45.0	31:57.0	18.7	0:00.0	20:53.0	8:21.2	1:05:33.0	
44	JENNESS, VINCE	49	M	WATERLOO	IA	9:27.0	1:53.4	2:59.0	31:24.0	19.1	0:00.0	21:44.0	8:41.6	1:05:34.0	
45	BOWEN, AARON	30	M	PAPILLION	NE	10:16.0	2:03.2	3:12.0	33:07.0	18.1	0:00.0	19:01.0	7:36.4	1:05:36.0	
46	LILJEDAHL, RYAN	22	M	COLUMBUS	NE	10:00.0	2:00.0	2:25.0	32:45.0	18.3	0:00.0	20:30.0	8:12.0	1:05:40.0	
47	WOODARD, SHEP	47	M	OVERLAND PAR	KS	9:49.0	1:57.8	2:06.0	32:28.0	18.4	0:00.0	21:19.0	8:31.6	1:05:42.0	
48	TIMBERLAKE, JOEL	51	M	LINCOLN	NE	10:14.0	2:02.8	2:10.0	31:36.0	18.9	0:00.0	21:59.0	8:47.6	1:05:59.0	
49	ROHRIG, CURT	53	M	FREMONT	NE	11:00.0	2:12.0	3:56.0	31:46.0	18.8	0:00.0	21:36.0	8:38.4	1:06:18.0	
50	MANN, BRANDON	37	M	WAHOO	NE	10:26.0	2:05.2	2:57.0	32:57.0	18.2	0:00.0	20:24.0	8:09.6	1:06:44.0	
51	WEIDNER, SHANE	40	M	MADISON	NE	9:01.0	1:48.2	2:23.0	35:49.0	16.7	0:00.0	21:28.0	8:35.2	1:08:41.0	
52	WOLLMAN, DICK	50	M	OMAHA	NE	9:52.0	1:58.4	2:41.0	34:22.0	17.4	0:00.0	21:51.0	8:44.4	1:08:46.0	
53	MATHIESON, JACOB	20	M	NELIGH	NE	10:18.0	2:03.6	2:50.0	35:52.0	16.7	0:00.0	19:51.0	7:56.4	1:08:51.0	

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PLACE	NAME	AGE	SEX	CITY	STATE	SWIM TIME	SWIM / 100 YDS	TRANS	BIKE TIME	AVG MPH	TRANS	RUN TIME	RUN PACE/MI	OVERALL TIME
54	BARR, STEVE	35	M	PLATTSMOUTH	NE	10:52.0	2:10.4	2:45.0	31:31.0	19.0	0:00.0	23:47.0	9:30.8	1:08:55.0
55	KING, ROBERT	38	M	OMAHA	NE	9:13.0	1:50.6	2:45.0	33:23.0	17.9	0:00.0	23:38.0	9:27.2	1:08:59.0
56	FANGMAN, SCOTT	37	M	OMAHA	NE	8:14.0	1:38.8	1:40.0	34:11.0	17.5	0:00.0	24:56.0	9:58.4	1:09:01.0
57	DESORDI, JIM	43	M	OMAHA	NE	11:34.0	2:18.8	2:38.0	32:58.0	18.2	0:00.0	21:58.0	8:47.2	1:09:08.0
58	RAMSEY, JOSHUA	14	M	BELLEVUE	NE	10:45.0	2:09.0	3:18.0	35:32.0	16.8	0:00.0	20:07.0	8:02.8	1:09:42.0
59	SIROTKIN, PETE	51	M	OMAHA	NE	8:08.0	1:37.6	4:16.0	37:26.0	16.0	0:00.0	20:15.0	8:06.0	1:10:05.0
60	LAMMLI, BERT	60	M	STANTON	NE	13:57.0	2:47.4	3:12.0	29:51.0	20.1	0:00.0	23:22.0	9:20.8	1:10:22.0
61	SMITH, THOMAS	42	M	OMAHA	NE	9:33.0	1:54.6	2:34.0	35:12.0	17.0	0:00.0	23:04.0	9:13.6	1:10:23.0
62	HOPPE, DENNIS	28	M	GRAND ISLAND	NE	10:38.0	2:07.6	2:49.0	35:43.0	16.7	0:00.0	21:25.0	8:34.0	1:10:35.0
63	WOJTALEWICA, RAIMOND	28	M	OMAHA	NE	11:38.0	2:19.6	3:29.0	35:58.0	16.6	0:00.0	19:33.0	7:49.2	1:10:38.0
64	PEREZ, JOSE J.	56	M	NORFOLK	NE	9:58.0	1:59.6	4:16.0	35:01.0	17.1	0:00.0	21:29.0	8:35.6	1:10:44.0
65	EIDSON, WILL	26	M	LINCOLN	NE	10:27.0	2:05.4	2:43.0	37:20.0	16.0	0:00.0	20:27.0	8:10.8	1:10:57.0
66	ROBERTSON, COLIN	19	M	OMAHA	NE	10:51.0	2:10.2	1:48.0	39:06.0	15.3	0:00.0	19:18.0	7:43.2	1:11:03.0
67	WALLS, EBON	30	M	OMAHA	NE	11:34.0	2:18.8	2:41.0	35:45.0	16.7	0:00.0	21:17.0	8:30.8	1:11:17.0
68	ASHBURN, CRESTON	37	M	PAPILLION	NE	9:28.0	1:53.6	4:11.0	32:11.0	18.6	0:00.0	25:37.0	10:14.8	1:11:27.0
69	BUSS, JASON	28	M	COLUMBUS	NE	12:28.0	2:29.6	2:48.0	32:19.0	18.5	0:00.0	23:59.0	9:35.6	1:11:34.0
70	BUSCH, JASON	34	M	NORFOLK	NE	11:54.0	2:22.8	3:35.0	33:56.0	17.6	0:00.0	22:35.0	9:02.0	1:12:00.0
71	LOUTHAN, BRUCE	31	M	OMAHA	NE	11:06.0	2:13.2	3:56.0	36:38.0	16.3	0:00.0	20:26.0	8:10.4	1:12:06.0
72	MCORMICK, CORY	39	M	OMAHA	NE	9:40.0	1:56.0	3:04.0	39:06.0	15.3	0:00.0	20:29.0	8:11.6	1:12:19.0
73	UHLIR, TODD	33	M	NORFOLK	NE	10:15.0	2:03.0	4:41.0	35:04.0	17.1	0:00.0	22:33.0	9:01.2	1:12:33.0
74	EDWARDS, DEREK	19	M	COLUMBUS	NE	11:31.0	2:18.2	3:23.0	35:21.0	16.9	0:00.0	24:50.0	9:56.0	1:13:05.0
75	COBOS, ALFREDO	50	M	NORFOLK	NE	12:00.0	2:24.0	2:11.0	33:29.0	17.9	0:00.0	25:38.0	10:15.2	1:13:18.0
76	NORWOOD, TIM	51	M	KEARNEY	NE	9:46.0	1:57.2	2:16.0	32:43.0	18.3	0:00.0	29:09.0	11:39.6	1:13:54.0
77	PATERA, MIKE	36	M	SPRINGFIELD	NE	11:40.0	2:20.0	3:29.0	38:51.0	15.4	0:00.0	22:56.0	9:10.4	1:16:56.0
78	BOUREK, ANDY	33	M	NORTH BEND	NE	10:42.0	2:08.4	3:06.0	40:14.0	14.9	0:00.0	23:14.0	9:17.6	1:17:16.0
79	DRR, DEAN	72	M	BATES CITY	MO	10:40.0	2:08.0	3:36.0	34:49.0	17.2	0:00.0	28:14.0	11:17.6	1:17:19.0
80	FERERRO, RICHARD	44	M	OMAHA	NE	10:59.0	2:11.8	3:23.0	32:20.0	18.5	0:00.0	30:50.0	12:20.0	1:17:32.0
81	HONCIC, JIM	48	M	NORFOLK	NE	12:13.0	2:26.6	4:39.0	40:48.0	14.7	0:00.0	20:27.0	8:10.8	1:18:07.0
82	CHRISTENSEN, JESSE	25	M	WAUKEE	IA	11:09.0	2:13.8	5:01.0	40:35.0	14.7	0:00.0	21:36.0	8:38.4	1:18:21.0
83	BERKENPAS, BRIAN	41	M	LAWTON	IA	12:00.0	2:24.0	2:43.0	39:47.0	15.0	0:00.0	27:28.0	10:59.2	1:21:58.0
84	GASSMAN, ANDY	30	M	OMAHA	NE	15:19.0	3:03.8	4:13.0	44:26.0	13.5	0:00.0	26:25.0	10:34.0	1:30:23.0
85	HAKER, RUSS	35	M	BATTLE CREEK	NE	16:07.0	3:13.4	4:11.0	45:26.0	13.2	0:00.0	26:17.0	10:30.8	1:32:01.0
86	FIELDS, JOSH	32	M	OMAHA	NE	16:25.0	3:17.0	3:47.0	50:13.0	11.9	0:00.0	22:25.0	8:58.0	1:32:50.0
87	FISHER, JACKSON	14	M	LINCOLN	NE	14:00.0	2:48.0	7:01.0	46:39.0	12.8	0:00.0	25:34.0	10:13.6	1:33:14.0
88	NORDSTROM, BRAD	58	M	WINTERSSET	IA	24:58.0	4:59.6	6:42.0	38:02.0	15.7	0:00.0	24:46.0	9:54.4	1:34:28.0
89	FISHER, MARK	41	M	LINCOLN	NE	11:25.0	2:17.0	7:01.0	48:34.0	12.3	0:00.0	29:15.0	11:42.0	1:36:15.0
90	DAY, BRIAN	40	M	OMAHA	NE	16:34.0	3:18.8	6:55.0	49:48.0	12.0	0:00.0	38:39.0	15:27.6	1:51:56.0
91	BOYER, BROOKS	25	M	NORFOLK	NE	22:32.0	4:30.4	4:43.0	12:20.0	08.2	0:00.0	34:50.0	13:56.0	2:14:25.0

LONG COURSE FEMALE

1	CHAFFIN, MORGAN	25	F	OMAHA	NE	7:07.0	1:25.4	1:55.0	25:23.0	23.6	0:00.0	19:28.0	7:47.2	0:53:53.0
2	NORDSTROM THERESA	34	F	LEMARS	IA	9:12.0	1:50.4	1:47.0	30:23.0	19.7	0:00.0	19:08.0	7:39.2	1:00:30.0
3	MERRITT, LORI	31	F	GRAND ISLAND	NE	8:14.0	1:38.8	1:48.0	30:53.0	19.4	0:00.0	19:46.0	7:54.4	1:00:41.0
4	OPPERT, MARYDALE	25	F	BELLEVUE	NE	10:08.0	2:01.6	1:43.0	32:04.0	18.7	0:00.0	18:18.0	7:19.2	1:02:13.0
5	RAMSEY, HEATHER	40	F	BELLEVUE	NE	7:36.0	1:31.2	2:58.0	30:56.0	19.3	0:00.0	20:49.0	8:19.6	1:02:19.0
6	RODREIGUZ REED, ASHLEY	23	F	OMAHA	NE	8:05.0	1:37.0	1:57.0	31:38.0	18.9	0:00.0	22:49.0	9:07.6	1:04:29.0
7	PINKALL, JENNY	28	F	SEWARD	NE	9:55.0	1:59.0	2:52.0	34:28.0	17.4	0:00.0	18:58.0	7:35.2	1:06:13.0
8	PETERSON, KERRI	35	F	OMAHA	NE	9:57.0	1:59.4	2:17.0	31:54.0	18.8	0:00.0	22:40.0	9:04.0	1:06:48.0
9	DEL TJEN, JULIE	45	F	OMAHA	NE	8:02.0	1:36.4	2:04.0	33:01.0	18.1	0:00.0	23:41.0	9:28.4	1:06:48.0
10	SWANSON, ROXANNE	35	F	HOMER	NE	9:43.0	1:56.6	1:59.0	35:28.0	16.9	0:00.0	22:22.0	8:56.8	1:07:32.0
11	VACEK, REBECCA	32	F	LINCOLN	NE	10:13.0	2:02.6	2:38.0	33:09.0	18.0	0:00.0	22:33.0	9:01.2	1:08:33.0
12	HASTINGS, JEAN ANN	38	F	OMAHA	NE	10:04.0	2:00.8	1:39.0	33:12.0	18.0	0:00.0	23:45.0	9:30.0	1:08:40.0
13	LOUTHAN, NANCY	33	F	OMAHA	NE	9:43.0	1:56.6	2:59.0	34:38.0	17.3	0:00.0	21:23.0	8:33.2	1:08:43.0
14	BOSILJEVAC, TAMMI	36	F	PAPILLION	NE	10:11.0	2:02.2	1:53.0	33:56.0	17.6	0:00.0	22:48.0	9:07.2	1:08:48.0

NORFOLK YMCA TRATHLON DISTANCE/SEX ORDER

PLACE	NAME	AGE	SEX	CITY	STATE	SWIM TIME	SWIM / 100 YDS	TRANS	BIKE TIME	AVG MPH	TRANS	RUN TIME	RUN PACE/MI	OVERALL TIME
15	NOEL, BETH	50	F	DAKOTA DUNES	SD	9:30.0	1:54.0	2:10.0	35:14.0	17.0	0:00.0	21:59.0	8:47.6	1:08:53.0
16	LODICE, KIM	29	F	OMAHA	NE	9:35.0	1:55.0	2:50.0	35:59.0	16.6	0:00.0	20:55.0	8:22.0	1:09:19.0
17	BRIDGE, CYNTHIA	40	F	BELLEVUE	NE	12:21.0	2:28.2	2:59.0	31:52.0	19.8	0:00.0	23:42.0	9:28.8	1:10:54.0
18	GUYER, BETSY	44	F	LINCOLN	NE	10:34.0	2:06.8	2:41.0	33:15.0	18.0	0:00.0	24:37.0	9:50.8	1:11:07.0
19	COTTON, RIKA	38	F	PAPILLION	NE	12:11.0	2:26.2	3:19.0	35:09.0	17.0	0:00.0	22:35.0	9:02.0	1:11:14.0
20	NORWOOD, NANCY	46	F	KEARNEY	NE	10:30.0	2:06.0	2:05.0	36:05.0	16.6	0:00.0	22:38.0	9:03.2	1:11:18.0
21	SIROTKIN, SARAH	16	F	OMAHA	NE	7:42.0	1:32.4	4:25.0	38:03.0	15.7	0:00.0	21:13.0	8:29.2	1:11:23.0
22	BRADLEY, EMILY	13	F	NEBRASKA CIT	NE	9:32.0	1:54.4	3:38.0	35:35.0	16.8	0:00.0	22:44.0	9:05.6	1:11:29.0
23	MARSHALL, AMANDA	26	F	OMAHA	NE	7:28.0	1:29.6	2:42.0	40:35.0	14.7	0:00.0	21:02.0	8:24.8	1:11:47.0
24	ZVOLANEK, MARGE	44	F	LINCOLN	NE	11:43.0	2:20.6	2:11.0	33:21.0	17.9	0:00.0	25:12.0	10:04.8	1:12:27.0
25	LILLY, JANE	42	F	SIOUX CITY	IA	8:35.0	1:43.0	4:01.0	35:04.0	17.1	0:00.0	24:53.0	9:57.2	1:12:33.0
26	DIBBERN, ROBYN	44	F	GRAND ISLAND	NE	8:51.0	1:46.2	2:53.0	38:35.0	15.5	0:00.0	22:15.0	8:54.0	1:12:34.0
27	JAMES, ANGELA	22	F	NORFOLK	NE	6:43.0	1:20.6	2:07.0	40:05.0	14.9	0:00.0	23:50.0	9:32.0	1:12:45.0
28	HARRIS, JULIE	39	F	OMAHA	NE	9:38.0	1:55.6	2:43.0	36:03.0	16.6	0:00.0	25:54.0	10:21.6	1:14:18.0
29	SWEARINGEN, MARISSA	26	F	PAPILLION	NE	7:08.0	1:25.6	3:05.0	38:29.0	15.5	0:00.0	25:37.0	10:14.8	1:14:19.0
30	KOENIG, ERIKA	17	F	OMAHA	NE	11:24.0	2:16.8	2:52.0	41:56.0	14.3	0:00.0	18:14.0	7:17.6	1:14:26.0
31	GILLASPIE, MAKENZIE	18	F	OMAHA	NE	10:53.0	2:10.6	2:33.0	40:29.0	14.8	0:00.0	21:02.0	8:24.8	1:14:57.0
32	NOGG, PATTY	37	F	WATERLOO	NE	12:09.0	2:25.8	3:44.0	37:07.0	16.1	0:00.0	22:01.0	8:48.4	1:15:01.0
33	CHRISTENSEN, CALLIE	22	F	SIOUX CITY	IA	10:19.0	2:03.8	2:49.0	40:34.0	14.7	0:00.0	21:24.0	8:33.6	1:15:06.0
34	LAHMLI, DEB	54	F	STANTON	NE	13:14.0	2:38.8	4:33.0	33:48.0	17.7	0:00.0	24:23.0	9:45.2	1:15:58.0
35	O'CONNOR MARCI	39	F	ELKHORN	NE	8:42.0	1:44.4	3:36.0	37:17.0	16.0	0:00.0	26:24.0	10:33.6	1:15:59.0
36	HERROD, BRENDA	39	F	NORFOLK	NE	10:38.0	2:07.6	2:10.0	36:17.0	16.5	0:00.0	27:01.0	10:48.4	1:16:06.0
37	SONDERUP, LISA	39	F	BLAIR	NE	11:58.0	2:23.6	5:14.0	37:51.0	15.8	0:00.0	21:32.0	8:36.8	1:16:35.0
38	WOODWARD, MIRANDA	26	F	BELLEVUE	NE	10:44.0	2:08.8	2:56.0	38:05.0	15.7	0:00.0	25:45.0	10:18.0	1:17:30.0
39	RADER, KRISTIE	54	F	LINCOLN	NE	10:11.0	2:02.2	2:59.0	37:03.0	16.1	0:00.0	27:29.0	10:59.6	1:17:42.0
40	MAJCHROWITZ, AMY	34	F	NORFOLK	NE	9:28.0	1:53.6	3:22.0	37:05.0	16.1	0:00.0	28:31.0	11:24.4	1:18:26.0
41	HOLLOWAY, LYNETTE	35	F	PAPILLION	NE	9:06.0	1:49.2	4:21.0	39:23.0	15.2	0:00.0	25:38.0	10:15.2	1:18:28.0
42	PLESSING, RACHEL	18	F	KENNARD	NE	11:12.0	2:14.4	3:02.0	42:11.0	14.2	0:00.0	22:46.0	9:06.4	1:19:11.0
43	BARGSTAAT, AMBER	27	F	WINSIDE	NE	8:30.0	1:42.0	4:27.0	37:48.0	15.8	0:00.0	28:49.0	11:31.6	1:19:34.0
44	HOLST, AMY	36	F	LINCOLN	NE	11:09.0	2:13.8	3:52.0	34:54.0	17.1	0:00.0	30:58.0	12:23.2	1:20:53.0
45	PETERSEN, DIANNE	43	F	OMAHA	NE	10:00.0	2:00.0	3:17.0	42:03.0	14.2	0:00.0	25:46.0	10:18.4	1:21:06.0
46	MILES, DANIELLE	43	F	COUNCIL BLUF	IA	11:38.0	2:19.6	4:12.0	41:29.0	14.4	0:00.0	24:30.0	9:48.0	1:21:49.0
47	HUMPHREY, KRIS	37	F	LINCOLN	NE	11:12.0	2:14.4	2:41.0	41:07.0	14.5	0:00.0	26:53.0	10:45.2	1:21:53.0
48	VANDERMEULEN, STEPHANI	38	F	OMAHA	NE	10:35.0	2:07.0	3:38.0	34:07.0	17.5	0:00.0	34:11.0	13:40.4	1:22:31.0
49	LEE, VALERIE	25	F	COLUMBUS	NE	12:31.0	2:30.2	3:06.0	41:33.0	14.4	0:00.0	25:46.0	10:18.4	1:22:56.0
50	GILLASPIE, DIANNE	46	F	OMAHA	NE	10:01.0	2:00.2	3:02.0	42:20.0	14.1	0:00.0	27:46.0	11:06.4	1:23:09.0
51	DAYTON, NANCY	34	F	NORFOLK	NE	11:27.0	2:17.4	3:29.0	39:54.0	15.0	0:00.0	28:26.0	11:22.4	1:23:16.0
52	ASHCRAFT, CANDY	35	F	LINCOLN	NE	10:54.0	2:10.8	3:36.0	44:00.0	13.6	0:00.0	27:36.0	11:02.4	1:26:06.0
53	CLAUSEN, AMY	35	F	NORFOLK	NE	11:50.0	2:22.0	3:17.0	48:23.0	12.4	0:00.0	22:42.0	9:04.8	1:26:12.0
54	RUDEN, SHERRY	34	F	NORFOLK	NE	10:14.0	2:02.8	3:28.0	41:13.0	14.5	0:00.0	31:27.0	12:34.8	1:26:22.0
55	BUTLER, JOYCE	48	F	OMAHA	NE	11:39.0	2:19.8	5:18.0	40:13.0	14.9	0:00.0	29:31.0	11:48.4	1:26:41.0
56	OPPERMAN, JANIS	48	F	OMAHA	NE	13:52.0	2:46.4	4:23.0	39:35.0	15.1	0:00.0	32:25.0	12:58.0	1:30:15.0
57	PONAJZI, LISA	29	F	SEWARD	NE	11:24.0	2:16.8	3:45.0	49:26.0	12.1	0:00.0	26:24.0	10:33.6	1:30:59.0
58	HAMER, KARI	34	F	BATTLE CREEK	NE	10:12.0	2:02.4	9:35.0	45:30.0	13.1	0:00.0	26:14.0	10:29.6	1:31:31.0
59	MCDONALD, CHRISTAI	41	F	NORFOLK	NE	14:05.0	2:49.0	4:25.0	43:07.0	13.9	0:00.0	30:01.0	12:00.4	1:31:38.0
60	GUNSOLLEY, JAMIE	32	F	OMAHA	NE	10:44.0	2:08.8	11:03.0	50:12.0	11.9	0:00.0	22:21.0	8:56.4	1:34:20.0
61	SCHUCHINGER, TINA	32	F	PAPILLION	NE	13:21.0	2:40.2	4:05.0	46:04.0	13.0	0:00.0	31:26.0	12:34.4	1:34:56.0
62	HOWARD, JULIE	34	F	CEDAR CREEK	NE	15:17.0	3:03.4	3:48.0	45:50.0	13.0	0:00.0	35:15.0	14:06.0	1:40:10.0
63	HECKERT, MANDI	28	F	NELIGH	NE	9:48.0	1:57.6	2:42.0	58:50.0	10.1	0:00.0	31:39.0	12:39.6	1:42:59.0
64	GULBRANDSN, RAINA	31	F	LINCOLN	NE	14:35.0	2:55.0	4:24.0	55:56.0	10.7	0:00.0	41:22.0	16:32.8	1:56:17.0

SHORT COURSE MALE

1	POWELL, KOLTON	14	M	NORFOLK	NE	1:47.0	1:11.3	2:34.0	10:54.0	16.5	0:00.0	6:47.0	6:47.0	0:22:02.0
2	FINK, JEREMY	26	M	WISNER	NE	2:01.0	1:20.7	3:11.0	9:21.0	19.2	0:00.0	8:21.0	8:21.0	0:22:54.0

NORFOLK YMCA TRATHLON DISTANCE/SEX ORDER

PLACE NAME	AGE	SEX	CITY	STATE	SWIM TIME	SWIM / 100 YDS	TRANS	BIKE TIME	AVG MPH	TRANS	RUN TIME	RUN PACE/MI	OVERALL TIME
3 MEURET, PATRICK	13	M	NORFOLK	NE	1:32.0	1:01.3	2:44.0	11:26.0	15.7	0:00.0	7:30.0	7:30.0	0:23:12.0
4 REDINGER, BRENNAN	11	M	CAPE GIRAREL	MO	3:09.0	2:06.0	1:27.0	11:05.0	16.2	0:00.0	7:41.0	7:41.0	0:23:22.0
5 RICHEY, TOM	26	M	NORFOLK	NE	2:45.0	1:50.0	2:55.0	10:15.0	17.5	0:00.0	7:41.0	7:41.0	0:23:36.0
6 GESELL, PHIL	46	M	NORFOLK	NE	3:02.0	2:01.3	2:21.0	10:07.0	17.7	0:00.0	9:00.0	9:00.0	0:24:30.0
7 HUDDLE, JARAD	17	M	FREMONT	NE	5:16.0	3:30.7	0:26.0	9:33.0	18.8	0:00.0	9:23.0	9:23.0	0:24:38.0
8 LAU, ZACH	13	M	LAVISTA	NE	2:41.0	1:47.3	2:17.0	10:27.0	17.2	0:00.0	9:34.0	9:34.0	0:24:59.0
9 WEBER, SHAWN	34	M	BROOKINGS	SD	2:14.0	1:29.3	2:48.0	11:58.0	15.0	0:00.0	8:44.0	8:44.0	0:25:44.0
10 KINSLEY, JIM	36	M	YANKTON	SD	3:42.0	2:28.0	3:30.0	10:05.0	17.8	0:00.0	10:02.0	10:02.0	0:27:19.0
11 CRONER, JACK	7	M	LINCOLN	NE	3:34.0	2:22.7	1:44.0	12:09.0	14.8	0:00.0	10:11.0	10:11.0	0:27:38.0
12 CRONER, SCOTT	43	M	LINCOLN	NE	3:19.0	2:12.7	1:57.0	12:09.0	14.8	0:00.0	10:17.0	10:17.0	0:27:42.0
13 HANSON, TRAVIS	30	M	NORFOLK	NE	8:06.0	5:24.0	99:99.9	10:14.0	17.5	0:00.0	11:53.0	11:53.0	0:29:20.0
14 CASKEY, CHRIS	39	M	NORFOLK	NE	4:36.0	3:04.0	3:47.0	12:37.0	14.2	0:00.0	10:44.0	10:44.0	0:31:44.0
15 HOLLOWY, HARRISON	7	M	PAPILLION	NE	3:38.0	2:25.3	3:31.0	16:44.0	10.7	0:00.0	10:09.0	10:09.0	0:34:02.0
16 GRADY, RICHARD	39	M	OMAHA	NE	3:55.0	2:36.7	4:37.0	13:05.0	13.7	0:00.0	12:47.0	12:47.0	0:34:24.0
17 HUMPHREY, JOSH	10	M	LINCOLN	NE	4:38.0	3:05.3	5:10.0	18:41.0	09.6	0:00.0	14:16.0	14:16.0	0:42:45.0

SHORT COURSE FEMALE

1 CREAGER, KRISTA	17	F	YANKTON	SD	2:59.0	1:59.3	2:43.0	10:21.0	17.3	0:00.0	6:47.0	6:47.0	0:22:50.0
2 RICHEY, JODI	25	F	NORFOLK	NE	3:13.0	2:08.7	2:04.0	11:24.0	15.7	0:00.0	8:12.0	8:12.0	0:24:53.0
3 DELTJEN, ERIN	12	F	OMAHA	NE	1:44.0	1:09.3	2:41.0	13:10.0	13.6	0:00.0	7:29.0	7:29.0	0:25:04.0
4 WEBER, JENNIFER	32	F	BROOKINGS	SD	2:12.0	1:28.0	0:48.0	13:30.0	13.3	0:00.0	9:14.5	9:14.5	0:25:44.5
5 HOFER, MRIAH	16	F	YANKTON	SD	2:30.0	1:40.0	4:09.0	11:51.0	15.1	0:00.0	7:18.0	7:18.0	0:25:48.0
6 HILSON, MEGAN	16	F	YANKTON	SD	2:32.0	1:41.3	4:05.0	11:53.0	15.1	0:00.0	7:18.5	7:18.5	0:25:48.5
7 GASS, LAURA	26	F	NORFOLK	NE	5:42.0	3:48.0	0:48.0	11:51.0	15.1	0:00.0	8:01.0	8:01.0	0:26:22.0
8 KINSLEY, LIZZIE	14	F	YANKTON	SD	1:51.0	1:14.0	4:12.0	11:15.0	16.0	0:00.0	9:07.0	9:07.0	0:26:25.0
9 CUYLER, JULIE	36	F	LINCOLN	NE	3:05.0	2:03.3	2:15.0	11:28.0	15.6	0:00.0	10:03.0	10:03.0	0:26:51.0
10 PORTER, GRACE	10	F	FREMONT	NE	2:04.0	1:22.7	2:46.0	12:56.0	13.9	0:00.0	9:09.0	9:09.0	0:26:55.0
11 LONDON, SUZANNE	39	F	NEWMAN GROVE	NE	2:51.0	1:54.0	4:14.0	11:11.0	16.0	0:00.0	8:43.0	8:43.0	0:26:59.0
12 WIEBERT, KATE	12	F	LINCOLN	NE	2:54.0	1:56.0	3:58.0	12:07.0	14.8	0:00.0	8:49.0	8:49.0	0:27:48.0
13 WIEBERT, ANNETTE	42	F	LINCOLN	NE	3:09.0	2:06.0	3:39.0	12:06.0	14.8	0:00.0	9:06.0	9:06.0	0:28:00.0
14 SCOTT, CAROLINE	29	F	VALENTINE	NE	4:24.0	2:56.0	3:42.0	11:54.0	15.1	0:00.0	8:27.0	8:27.0	0:28:27.0
15 MORTENSEN, STEPH	42	F	OAKDALE	NE	3:49.0	2:32.7	2:40.0	12:29.0	14.4	0:00.0	10:57.0	10:57.0	0:29:55.0
16 HOLLOWAY, GRACE	10	F	PAPILLION	NE	3:07.0	2:04.7	4:05.0	13:35.0	13.2	0:00.0	9:27.0	9:27.0	0:30:14.0
17 DELTJEN, HANNAH	8	F	OMAHA	NE	2:35.0	1:43.3	3:03.0	17:22.0	10.3	0:00.0	8:50.0	8:50.0	0:31:50.0
18 HOLLOWAY, MACKENZEE	7	F	PAPILLION	NE	6:57.0	4:38.0	2:57.0	11:40.0	15.4	0:00.0	11:12.0	11:12.0	0:32:46.0
19 BACKHAUS, ELISABETH	13	F	NEWMAN GROVE	NE	3:46.0	2:30.7	6:20.0	12:30.0	14.4	0:00.0	10:34.0	10:34.0	0:33:10.0
20 HECKERT, COURTNI	8	F	NELIGH	NE	4:16.0	2:50.7	2:24.0	14:41.0	12.2	0:00.0	12:16.0	12:16.0	0:33:37.0
21 HANSON, LESLEY	30	F	NORFOLK	NE	7:24.0	4:56.0	99:99.9	13:41.0	13.1	0:00.0	13:38.0	13:38.0	0:34:23.0
22 HEISER, TIFFANY	27	F	COUNCIL BLUF	IA	13:30.0	9:00.0	99:99.9	13:34.0	13.2	0:00.0	15:15.0	15:15.0	0:37:56.0
23 AVILES, WENDY	33	F	NORFOLK	NE	4:56.0	3:17.3	4:20.0	14:34.0	12.3	0:00.0	16:18.0	16:18.0	0:40:08.0
24 KUNKE, MICHELLE	37	F	WOOD RIVER	NE	3:21.0	2:14.0	5:12.0	15:52.0	11.3	0:00.0	17:16.0	17:16.0	0:41:41.0

LONG COURSE TEAM

1 ZIMMER-ZIMMER-ACKERMAN	T	PAPILLION	NE	7:05.0	1:25.0	1:15.0	31:25.0	19.0	0:00.0	18:42.0	7:28.8	0:58:27.0
2 HAMMOND-HAMMOND-KLUG	T	NORFOLK	NE	8:58.0	1:47.6	1:19.0	37:20.0	16.0	0:00.0	22:30.0	9:00.0	1:10:07.0
3 DELANCEY-AUGUSTIN-HICH	T	NORFOLK	NE	14:53.0	2:58.6	2:13.0	33:44.0	17.7	0:00.0	21:24.0	8:33.6	1:12:14.0
4 SIEDSCHLAG-UHLIR	T	NORFOLK	NE	9:48.0	1:57.6	1:53.0	43:44.0	13.7	0:00.0	18:42.0	7:28.8	1:14:07.0

NORFOLK YMCA TRATHLON AGE GROUP ORDER

PLACE	NAME	AGE	SEX	CITY	STATE	SWIM TIME	SWIM / 100 YDS	TRANS	BIKE TIME	AVG MPH	TRANS	RUN TIME	RUN PACE/MI	OVERALL TIME
-----														
LONG COURSE MALE OVERALL WINNER														
1	WILCOX, MARK	16	M	YANKTON	SD	6:11.0	1:14.2	1:10.0	26:54.0	22.3	0:00.0	14:47.0	5:54.8	0:49:02.0
LONG COURSE MALE 14 - 19														
1	CLARK, JOURDAN	17	M	FREMONT	NE	5:40.0	1:08.0	1:53.0	33:02.0	19.1	0:00.0	16:59.0	6:47.6	0:57:34.0
2	YGBIE, MITCH	16	M	MISSION HILL	SD	10:22.0	2:04.4	1:41.0	36:42.0	16.3	0:00.0	16:04.0	6:25.6	1:04:49.0
3	HILLS, TYLER	16	M	LINCOLN	NE	6:27.0	1:17.4	1:55.0	36:08.0	16.6	0:00.0	20:33.0	8:13.2	1:05:03.0
4	KUMKE, RICHARD	15	M	WOOD RIVER	NE	10:50.0	2:10.0	2:44.0	31:46.0	18.8	0:00.0	19:58.0	7:59.2	1:05:18.0
5	RAMSEY, JOSHUA	14	M	BELLEVUE	NE	10:45.0	2:09.0	3:18.0	35:32.0	16.8	0:00.0	20:07.0	8:02.8	1:09:42.0
6	ROBERTSON, COLIN	18	M	OMAHA	NE	10:51.0	2:10.2	1:48.0	39:06.0	15.3	0:00.0	19:18.0	7:43.2	1:11:03.0
7	EDWARDS, DEREK	19	M	COLUMBUS	NE	11:31.0	2:18.2	3:23.0	35:21.0	16.9	0:00.0	24:50.0	9:56.0	1:13:05.0
8	FISHER, JACKSON	14	M	LINCOLN	NE	14:00.0	2:48.0	7:01.0	46:39.0	12.8	0:00.0	25:34.0	10:13.6	1:33:14.0
LONG COURSE MALE 20 - 24														
1	LAMBERT, ABE	24	M	LINCOLN	NE	8:01.0	1:36.2	1:25.0	27:31.0	21.8	0:00.0	14:21.0	5:44.4	0:51:18.0
2	FELKER, BRYAN	21	M	O'NEILL	NE	8:00.0	1:36.0	1:57.0	32:28.0	18.4	0:00.0	14:33.0	5:49.2	0:56:58.0
3	SATTERFIELD, SHAUN	22	M	PAPILLION	NE	8:06.0	1:37.2	2:47.0	32:37.0	18.3	0:00.0	18:59.0	7:35.6	1:02:29.0
4	LILJEDAHL, RYAN	22	M	COLUMBUS	NE	10:00.0	2:00.0	2:25.0	32:45.0	18.3	0:00.0	20:30.0	8:12.0	1:05:40.0
5	MATHIESON, JACOB	20	M	NELIGH	NE	10:18.0	2:03.6	2:50.0	35:52.0	16.7	0:00.0	19:51.0	7:56.4	1:08:51.0
LONG COURSE MALE 25 - 29														
1	DAVIS, JEREMY	28	M	AMES	IA	7:37.0	1:31.4	1:23.0	26:15.0	22.8	0:00.0	14:23.0	5:45.2	0:49:38.0
2	MARSHALL, LUCAS	25	M	OMAHA	NE	6:54.0	1:22.8	1:48.0	25:17.0	23.7	0:00.0	15:55.0	6:22.0	0:49:54.0
3	LONG, RYAN	25	M	OMAHA	NE	7:03.0	1:24.6	1:26.0	26:11.0	22.9	0:00.0	16:57.0	6:46.8	0:51:37.0
4	ZUNIGA, JORGE	28	M	WALTON	NE	7:54.0	1:34.8	1:22.0	28:54.0	20.7	0:00.0	15:23.0	6:09.2	0:53:33.0
5	HOPPE, DENNIS	28	M	GRAND ISLAND	NE	10:38.0	2:07.6	2:49.0	35:43.0	16.7	0:00.0	21:25.0	8:34.0	1:10:35.0
6	WOJTALEWICA, RAYMOND	28	M	OMAHA	NE	11:38.0	2:19.6	3:29.0	35:58.0	16.6	0:00.0	19:33.0	7:49.2	1:10:38.0
7	EIDSON, WILL	26	M	LINCOLN	NE	10:27.0	2:05.4	2:43.0	37:20.0	16.0	0:00.0	20:27.0	8:10.8	1:10:57.0
8	BUSS, JASON	28	M	COLUMBUS	NE	12:28.0	2:29.6	2:48.0	32:19.0	18.5	0:00.0	23:59.0	9:35.6	1:11:34.0
9	CHRISTENSEN, JESSE	25	M	WAUKEE	IA	11:09.0	2:13.8	5:01.0	40:35.0	14.7	0:00.0	21:36.0	8:38.4	1:18:21.0
10	BOYER, BROOKS	25	M	NORFOLK	NE	22:32.0	4:30.4	4:43.0	12:20.0	08.2	0:00.0	34:50.0	13:56.0	2:14:25.0
LONG COURSE MALE 30 - 34														
1	KUBIAK, GERALD	33	M	OMAHA	NE	7:12.0	1:26.4	1:03.0	26:30.0	22.6	0:00.0	14:40.0	5:52.0	0:49:25.0
2	REDINGER, ERIC	32	M	CAPE GIRAREL	MO	7:18.0	1:27.6	1:16.0	26:46.0	22.4	0:00.0	18:19.0	7:19.6	0:53:39.0
3	VASINA, JEFF	33	M	COLUMBUS	NE	8:02.0	1:36.4	2:02.0	27:56.0	21.4	0:00.0	16:03.0	6:25.2	0:54:03.0
4	SHANNON, JEFF	31	M	OMAHA	NE	8:42.0	1:44.4	1:40.0	25:58.0	23.1	0:00.0	18:43.0	7:29.2	0:55:03.0
5	PALMER, JOE	33	M	OMAHA	NE	6:37.0	1:19.4	1:52.0	28:36.0	20.9	0:00.0	18:43.0	7:29.2	0:55:48.0
6	WAGNER, DAMON	34	M	PLATTSMOUTH	NE	8:51.0	1:46.2	2:52.0	31:17.0	19.1	0:00.0	19:59.0	7:59.6	1:02:59.0
7	KRAMER, MIKE	34	M	SIOUX CITY	NE	8:14.0	1:38.8	1:35.0	29:16.0	20.5	0:00.0	24:18.0	9:43.2	1:03:23.0
8	WIEGMAN, MIKE	34	M	OMAHA	NE	10:56.0	2:11.2	2:33.0	31:53.0	18.8	0:00.0	18:45.0	7:30.0	1:04:07.0
9	MOLLRING, MITCH	34	M	OMAHA	NE	9:11.0	1:50.2	3:41.0	33:18.0	18.0	0:00.0	18:53.0	7:33.2	1:05:03.0
10	BOWEN, AARON	30	M	PAPILLION	NE	10:16.0	2:03.2	3:12.0	33:07.0	18.1	0:00.0	19:01.0	7:36.4	1:05:36.0
11	WALLS, EBN	30	M	OMAHA	NE	11:34.0	2:18.8	2:41.0	35:45.0	16.7	0:00.0	21:17.0	8:30.8	1:11:17.0
12	BUSCH, JASON	34	M	NORFOLK	NE	11:54.0	2:22.8	3:35.0	33:56.0	17.6	0:00.0	22:35.0	9:02.0	1:12:00.0
13	LOUTHAN, BRUCE	31	M	OMAHA	NE	11:06.0	2:13.2	3:56.0	36:38.0	16.3	0:00.0	20:26.0	8:10.4	1:12:06.0
14	UHLIR, TODD	33	M	NORFOLK	NE	10:15.0	2:03.0	4:41.0	35:04.0	17.1	0:00.0	22:33.0	9:01.2	1:12:33.0
15	BOUREK, ANDY	33	M	NORTH BEND	NE	10:42.0	2:08.4	3:06.0	40:14.0	14.9	0:00.0	23:14.0	9:17.6	1:17:16.0
16	GASSMAN, ANDY	30	M	OMAHA	NE	15:19.0	3:03.8	4:13.0	44:26.0	13.5	0:00.0	26:25.0	10:34.0	1:30:23.0
17	FIELDS, JOSH	32	M	OMAHA	NE	16:25.0	3:17.0	3:47.0	50:13.0	11.9	0:00.0	22:25.0	8:58.0	1:32:50.0
LONG COURSE MALE 35 - 39														
1	WADLEY, DARIN	38	M	VERMILLION	SD	8:18.0	1:39.6	1:16.0	28:59.0	20.6	0:00.0	18:16.0	7:18.4	0:56:49.0
2	PAPE, JEFF	36	M	NORFOLK	NE	8:23.0	1:40.6	1:48.0	27:59.0	21.4	0:00.0	19:08.0	7:39.2	0:57:18.0