

WINTER 2012 BENCH PRESS COMPETITION RESULTS

NAME	Age Division	Weight Class	Body Weight	1st Attempt	2nd Attempt	3rd Attempt	Best Lift	Place	% BWT Lifted	
Callen Benjegerdes	OPEN	132	126.5	90	95	100	95	1	75%	
Jennifer Kaschke	OPEN	165	157	130	140	150	140	1	89%	OPEN FEMALE BEST LIFTER
Kristena Brown	OPEN	123	115.5	90	95	95	95	1	82%	
Megan McWilliams	OPEN	198	188	80	100	100	80	1	43%	
Sara Ritter	JUNIOR	181	175	75	85	90	90	1	51%	
Beau Briggs	OPEN	275	266.5	425	460	465	425	1	159%	
Shawn Peterson	OPEN	275	259	315	330	350	350	2	135%	
Brian Hoff	OPEN	275	255	275	300	315	300	3	118%	
Erik Taake	OPEN	220	214	345	365	385	385	2	180%	
Nick Bayer	OPEN	220	215.5	340	365	365	340	3	158%	
Josh McIntyre	OPEN	198	196.5	345	365	385	365	2	186%	
Chris Schwartz	OPEN	198	196	315	325	330	330	3	168%	
Jose Valdez	OPEN	181	175.5	325	335	335	335	1	191%	
Lonnie Alberts	OPEN	198	198	260	290	305	305		154%	
Cory Flaig	OPEN	181	175	315	335	355	315	2	180%	
Austin Toebben	OPEN	165	163.5	245	265	285	265	1	162%	
Steve Hansen	OPEN	198	197.5	385	385	385	385	1	195%	
Corbin Walnofer	OPEN	198	190	275	295	295	275		145%	
Dave Brown	OPEN	220	220	425	445	455	445	1	202%	OPEN MALE BEST LIFTER
Katie Olson	JUNIOR	148	135.5	105	115	135	115	1	85%	JUNIOR FEMALE BEST LIFTER
Dustin Pulido	JUNIOR	181	180.5	315	335	360	335	1	186%	JUNIOR MALE BEST LIFTER
Jake Bensen	JUNIOR	220	213	335	365	390	390	1	183%	
Bret Evert	JUNIOR	198	190	275	275	275	0		0%	
Jantzen Verkerna	JUNIOR	181	175.5	315	315	325	315	2	180%	
Nick Hoff	JUNIOR	165	160	215	225	235	225	2	140%	
Robbie Layman	JUNIOR	165	165	255	275	300	275	1	167%	
Harlan Vogt	JUNIOR	148	147	210	230	240	230	1	157%	
Derek Beckman	JUNIOR	132	132	115	125	135	135	1	102%	
Matt Hill	JUNIOR	275	251	315	355	355	315	1	126%	
Connor Herrod	JUNIOR	132	130	95	130	150	130	2	100%	
Missey Zerbe	OPEN	148	146	90	95	100	100	2	69%	
Dawn Alberts	OPEN	148	140	90	105	115	115	1	82%	
Amy Lewis	OPEN	148		95	105	105	95	3	65%	
Brenda Herrod	OPEN	132	125	90	95	100	90	2	72%	

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