

# NORFOLK FAMILY YMCA WAIST MANAGEMENT 2010

Posted from the greatest percentage of weight loss to the least. A negative number indicates a weight gain & blank is no weigh-in.  
ID# is your last and first initial followed by your two digit birth day.

## WOMEN-March 3, 2010

<u>Rank</u>	<u>ID#</u>	<u>% Weight Loss</u>	<u>Rank</u>	<u>ID#</u>	<u>% Weight Loss</u>
1	bb08	12.72%	26	fd25	2.45%
2	fa20	12.36%	27	ed05	2.24%
3	gc01	9.33%	28	jk05	2.05%
4	sl09	9.03%	29	oj26	2.02%
5	nl22	7.50%	30	ma21	1.67%
6	bc12	7.28%	31	pk12	1.54%
7	gb26	6.87%	32	sl28	1.24%
8	sm07	6.83%	33	cc17	1.14%
9	dm03	6.14%	34	vs06	0.89%
10	zm17	5.97%	35	tb28	0.89%
11	ts24	5.47%	36	ad04	0.67%
12	sj29	5.00%	37	sm22	0.67%
13	jj18	4.75%	38	ud04	0.21%
14	ga04	4.64%	39	me27	-1.24%
15	rk05	4.57%	40	kk06	-1.63%
16	gs16	4.23%		rj18	
17	kk21	4.02%		dj07	
18	mv13	3.78%		ed14	
19	tm24	3.65%		ft11	
20	hk19	3.19%		hj12	
21	nk30	3.10%		kp13	
22	mm13	3.08%		se20	
23	vs04	2.92%			
24	rt23	2.91%			
25	gc19	2.76%			

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**MEN-March 3, 2010**

<u>Rank</u>	<u>ID#</u>	<u>% Weight Loss</u>
1	bs26	13.99%
2	cb17	9.17%
3	sb24	8.10%
4	wr19	7.80%
5	jb29	5.85%
6	rt15	5.50%
7	at19	5.16%
8	cy25	4.91%
9	gr26	4.28%
10	sd25	4.26%
11	rs25	4.11%
12	mj28	3.42%
13	sj22	2.80%
14	rk12	2.06%
15	kj21	2.06%
16	dd28	1.69%