

YMCA POOL RULES

1. Shower is required before swimming
2. Lifeguard is in charge at all times
3. NO swimming without lifeguard supervision
4. Conversation with lifeguard is prohibited
5. Food, Drink, Candy, Gum, etc are not allowed in or around pool area.
6. Those under 7 must be accompanied in the water by an adult 16 years or older.
7. Spitting, spouting of water and blowing nose in the pool is prohibited.
8. Persons with a contagious disease, open sores, infectious conditions, severe abrasion that would be pussing or oozing are not allowed in pool.
9. Absolutely no flotation devices in the deep end of pool.
Parents with children wearing flotation devices must remain within arms reach of child at all times. (The YMCA does NOT provide flotation devices, please bring your own.)
10. Some individual play equipment is allowed during recreational swim (such as noodles) Check with guard for what is allowed.
11. Absolutely no inflatable objects such as inner tubes, air mattresses, etc. allowed.
12. Swim lesson equipment may NOT be used for recreational swim
13. NO running or pushing on pool deck
14. NO dunking or intentional splashing in pool
15. Hanging on lane ropes is NOT allowed
16. Abusive or foul language is NOT allowed
17. NO smoking on sun deck or anywhere else in YMCA
18. NO glass containers. (suntan oils, etc.)
19. NO sitting on bleacher railings
20. Non-swimmers or weak swimmers must remain in shallow water. If guards are in doubt they may request that the person swim 20 yards to prove water skills.
21. NO intimate contact allowed in the pool
22. NO street shoes allowed on deck
23. Anyone not able to control bodily movements is required to wear leak proof under-garments with elastic around the legs.