

Age Restrictions for Pool Usage

5 and under -

must be accompanied in the water arms length away at all times by an individual 16 years or older.

Ages 8-6-

must be accompanied in the pool area at all times by an individual 16 years or older.

Any individual wearing a flotation device-

must be accompanied in the water at all times by an individual 16 years or older within arms reach.

Lap/Shared-

This time is reserved for any patron using the pool for exercise purposes; walking, taking an aquatic fitness class, or swimming laps.

Open Swim-

Pool is open for all patrons at this time. Children, families, and adults are all welcomed to utilize the pool.

Swim Lessons-

This time is reserved specifically just for YMCA swim lesson participants.

Aquajets/High School Swim Team-

This time is reserved specifically just for YMCA Swim Team and High School Swim Team.

Adult Swim-

This time is reserved for anyone ages 18 and older to swim freely. Lap swim, exercising, and fun are allowed during this time period.

CHILDREN OR PLAY-TIME IS ONLY ALLOWED DURING OPEN SWIM!

Pool Closures

Monday, Sept. 2nd-
Labor Day

Saturday, Oct. 12th-

Aquajet Meet 7:00 am-4:00 pm

HS Football 8:00-9:00 am

Saturday, Nov. 2nd-

Aquajet Meet 7:00 am-4:00 pm

**Schedule is subject to change
without notice**

POOL DRESS CODE:

1. All Patrons must shower before entering the pool.
2. Appropriate swim attire is required before entering the pool. Swimsuit or swim trunks, you may wear a t-shirt to cover swim attire if desired.
3. ABSOLUTELY NO – gym shorts, undergarments, jean shorts, etc. will NOT be considered swim attire. (If these items are worn you will be asked to leave.)
4. ABSOLUTELY NO – flotation devices passed the blue 5 foot l

Norfolk Family YMCA
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For any questions with the schedule, please see our Welcome Center or ask our Aquatics Director, Skyler Lippman.
swim@norfolkmca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIMMING POOL SCHEDULE

September 2nd-November 16th
NORFOLK FAMILY YMCA



