

Norfolk Family YMCA

2025 Fall Volleyball Practice Schedule

(October 7th and 9th, along with October 14th are PRACTICES ONLY. After these dates, you will keep your practice times on Tuesdays and games will be Thursdays. Also, Picture Day is October 14th before your practice!)

Gym 1A

5:30 PM	Eagles	Raiders
6:15 PM	Bobcats	Flames

Gym 1B

5:30 PM	Knights	
6:15 PM	Lopers	Warriors
7: 00 PM	Wildcats	

Gym 2A

5:30 PM	Bluejays	Mavericks
6:15 PM	Cougars	Hawks