

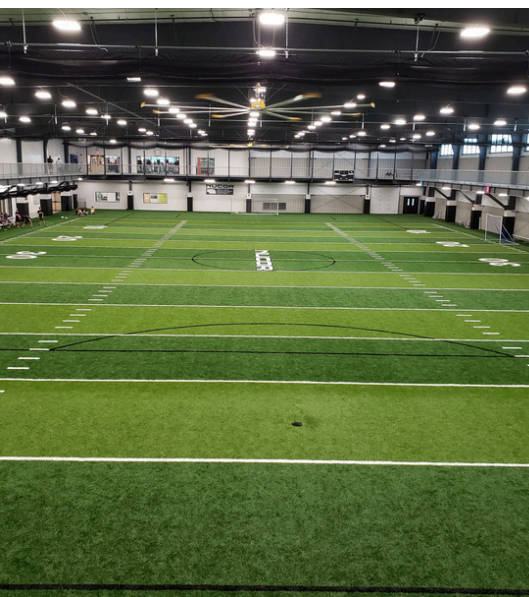


GROUP MEMBERSHIP EMPLOYEE INFO

Join the Y with your employment group and save!

As a Y member you'll get full access to:

- 24/7 Wellness Center access for members 18+
- A wide variety of Group Fitness classes offered daily
- The ultimate fitness experience with our Technogym equipment & MyWellness App
- A free equipment orientation or personal training consultation
- Member rates for all programs
- Plus, access to our pool, 4 gyms, Fieldhouse, Track, Batting Cages, Adventure Zone, Racquetball courts, and more!



NORFOLK FAMILY YMCA

Group Membership Information:

- When you sign up with your employment group, we waive the Joiner's Fee + receive a discount rate (amount dependent on how many employees sign up).
- **This is a 1-year membership- the discount rate is a contractual membership beginning date of sign up. Membership does not auto-renew. Renewal eligibility is available.**
- Membership goes into effect the 1st of the month following your sign-up.
- You decide if you pay monthly (1st of every month) or one annual fee.

Not sure if a Y Membership is for you?

Your company's FREE WEEK is the time for you to stop by for a tour, experience a group fitness class, and check out what we all have to offer. Feel free to bring your family with you!



Our facility has something for everyone! From the field house & gymnastics program to group fitness classes, batting cages, swimming pool, and so much more – we have you covered!

Plus parents- we offer Child Watch for those needing child care while they work out.

All group membership paperwork is turned into your GROUP COORDINATOR.