

## Age Restrictions for Pool Usage

### 5 and under -

Must be accompanied in the water, within arms length away at all times by an individual 16 years or older.

### Ages 6-8-

Must be accompanied in the pool area at all times by an individual 16 years or older.

### Any individual wearing a flotation device-

Must be accompanied in the water at all times by an individual 16 years or older, within arms reach.

### Lap/Shared-

This time is reserved for any patron using the pool for exercise purposes; walking, taking an aquatic fitness class, or swimming laps.

### Open Swim-

Pool is open for all patrons at this time. Children, families, and adults are all welcomed to utilize the pool.

### Swim Lessons-

This time is reserved specifically just for YMCA swim lesson participants.

### Aquajets/High School Swim Team-

This time is reserved specifically just for YMCA Swim Team and High School Swim Team.

### Aquacise-

This time is reserved for anyone ages 18+ to participate in group exercise classes in the water.

**CHILDREN OR PLAY-TIME IS ONLY ALLOWED DURING OPEN SWIM!**

## Pool Closures

Monday, May 26th– Pool Closed for Memorial Day

Friday, July 4th– Pool Closed for Independence Day

Monday, September 1st– Pool Closed for Labor Day

---

Schedule is subject to change without notice. Please Refer to our Monthly High Usage schedule for additional details.

---

## POOL DRESS CODE:

1. All Patrons must shower before entering the pool.
2. Appropriate swim attire is required before entering the pool. Swimsuit or swim trunks, you may wear a t-shirt to cover swim attire if desired.
3. ABSOLUTELY NO – gym shorts, undergarments, jean shorts, etc. will NOT be considered swim attire. (If these items are worn you will be asked to leave.)
4. ABSOLUTELY NO – flotation devices passed the blue 5 foot line

Norfolk Family YMCA  
301 W Benjamin Avenue  
Norfolk, NE 68701  
402-371-9770  
[www.norfolkymca.org](http://www.norfolkymca.org)

For any questions with the schedule, please see our Welcome Center or ask our Aquatics Director, Dylan Moore at [swim@norfolkymca.org](mailto:swim@norfolkymca.org)



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SWIMMING POOL SCHEDULE

May 25th–August 30th  
NORFOLK FAMILY YMCA



**\* (A)-Adult Only (C)-Children Allowed (NA)-Closed to Public** \*Look on other side for pool closures

**\* (A)-Adult Only (C)-Children Allowed (NA)-Closed to Public** \*Look on other side for pool closures

[illegible]