

Age Restrictions for Pool Usage

5 and under -

must be accompanied in the water arms length away at all times by an individual 16 years or older.

Ages 8-6-

must be accompanied in the pool area at all times by an individual 16 years or older.

Any individual wearing a flotation device-

must be accompanied in the water at all times by an individual 16 years or older within arms reach.

Lap/Shared-

This time is reserved for any patron using the pool for exercise purposes; walking, taking an aquatic fitness class, or swimming laps.

Open Swim-

Pool is open for all patrons at this time. Children, families, and adults are all welcomed to utilize the pool.

Swim Lessons-

This time is reserved specifically just for YMCA swim lesson participants.

Aquajets/High School Swim Team-

This time is reserved specifically just for YMCA Swim Team and High School Swim Team.

Adult Swim-

This time is reserved for anyone ages 18 and older to swim freely. Lap swim, exercising, and fun are allowed during this time period.

CHILDREN OR PLAY-TIME IS ONLY ALLOWED DURING OPEN SWIM!

Pool Closures

Saturday, Nov. 20th-

HS Swim Team 7:15-9:15 am

Friday, Nov. 26th-

HS Swim Team 9:30 am-11:30 am

Saturday, Nov. 27th-

HS Swim Team 7:15-9:15 am

Tuesday, Dec. 7th-

HS Swim Meet 2:00-8:00 pm

Tuesday, Dec. 14th-

HS Swim Meet 2:00-8:00 pm

Schedule is subject to change without notice

POOL DRESS CODE:

1. All Patrons must shower before entering the pool.
2. Appropriate swim attire is required before entering the pool. Swimsuit or swim trunks, you may wear a t-shirt to cover swim attire if desired.
3. ABSOLUTELY NO – gym shorts, undergarments, jean shorts, etc. will NOT be considered swim attire. (If these items are worn you will be asked to leave.)
4. ABSOLUTELY NO – flotation devices passed the blue 5 foot line

Norfolk Family YMCA

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(O) Facebook

For any questions with the schedule, please see our Welcome Center or ask our Aquatics Director, Skyler Lippman.
swim@norfolkymca.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SWIMMING POOL SCHEDULE

**November 14th-December 18th
NORFOLK FAMILY YMCA**



